

**Submission for the President's Cup
Waldorf University, Forest City
Iowa Iota Chapter
Region IV**

- I. Campus activities of an academic nature (lectures, discussions, competitions, etc.)**
 - a. 2022-2023**
 - i. Dr. Falck-Yi and Dr. Hall inducted new members at the Alpha Chi Induction Ceremony.
 - ii. Waldorf's Alpha Chi Chapter competed in several activities on campus for Winterfest which placed fourth overall. In addition to taking first place in several categories, including Biology Trivia.
 - iii. Our chapter also held a textbook drive to donate to departments so that students who cannot afford textbooks may reach out to professors to obtain access. Alpha Chi was able to collect 50 textbooks to donate to departments across campus.
 - iv. Annual Alpha Chi \$500 Undergrad Research Grant which is given to one Alpha Chi member and to one Waldorf student who submit a proposal to help with their studies.
 - v. 2022 Alpha Chi Undergraduate Research Grant given to AX member Rakshya Thapa for her senior biology thesis, "Assessing Mitigation of Morphological Muscle Damage in a Fruit Fly Model of Muscular Dystrophy by Modulating the TGF-B Pathway with Losartan."
 - vi. 2023 Waldorf Alpha Chi Undergraduate Research Grant given to Araneg Leon Velazquez for her senior biology research project, "Beneficial Effects of Losartan on Cardiac Function in Adult Fruit Flies with Muscular Dystrophy."
 - vii. 2023 Alpha Chi members will nominate and oversee the voting for the Dr. Carol Fisher Memorial Professor of the Year Award in April.
 - b. 2021-2022**
 - i. Dr. Falck-Yi and Dr. Hall inducted new members at the Alpha Chi Induction Ceremony.
 - ii. Waldorf's Alpha Chi Chapter re-named the Professor of the year award in memory of our beloved biology professor and former Alpha Chi Co-Sponsor Dr. Carol Fisher.
 - iii. The Dr. Carol Fisher Memorial Professor of the Year Award which was awarded to her family by President Autumn Paulson at the S.E.A.L Awards.
 - iv. Annual Alpha Chi \$500 Undergrad Research Grant which is given to one Alpha Chi member and to one Waldorf student who submit a proposal to help with their studies.
 - v. 2021 Waldorf Alpha Chi Undergraduate Research Grant given to Sam Jones for his biology thesis, "Environmental Toxins and Their Effect on Telomerase Activity."

- vi. 2021 Waldorf Alpha Chi Undergraduate Research Grant given to AX member Rakshya Thapa for laboratory equipment for her project, “Demystifying the Pathway Taken by endogenous Lipids to Understand How They Kill Bacterial Cells.”
- vii. 2021 Alpha Chi Professor of the Year Award presented to Dr. David Greder, Waldorf University Religion Professor.
- viii. 2021 Waldorf Alpha Chi Sophomore Scholarship for academic excellence, Rakshya Thapa.

II. Community Activities That Are Academically Oriented

a. 2022-2023

- i. Alpha Chi students were recognized by the Forest City community and alumni for honors day.

b. 2021-2022

- i. Alpha Chi students were recognized by the Forest City community and alumni for honors day.
- ii. Alpha Chi presented the Dr. Carol Fisher Memorial Professor of the year award at a community event.

III. Number of Student Presentations at Annual Conventions

a. 2021-2022

- i. Alpha Chi Convention Slide Show Presentation: Autumn Paulson, “The Lack of Financial Literacy in Primary and Secondary Education”
- ii. Alpha Chi Convention Poster Presentation: Tori-Ann Francis, “Supply Chain Disruptions: Causes and Remedies”
- iii. Alpha Chi Convention Slide Show Presentation: Charlotte Wright, “Colorful Meanings: A Trip Around Minneapolis and St. Paul, MN to Discover Different Artistry and What it Means”
- iv. Alpha Chi Convention Slide Show Presentation: McKenna Clouse, “Communications Media Internship – Portfolio”
- v. Alpha Chi Convention Slide Show Presentation: Murad Hazhibayev, “From Concept to Completion: The Journey of Developing a Website as a Platform to Support Education in the USA.”
- vi. Alpha Chi Convention Slide Show Presentation: Nick Farkas, “The Impact of Squatting on Peak Power Output of the Lower Extremity”
- vii. Alpha Chi Convention Slide Show Presentation: Rakshya Thapa, “Dissecting the Lipase Inhibitory Functions of ANGPTL3 by Site-Directed Mutagenesis.”

b. 2022-2023

- i. Alpha Chi Convention Slide Show Presentation: Autumn Paulson, “Can you Retire While Working at Wal-Mart in the Midwest?”
- ii. Alpha Chi Convention Slide Show Presentation: Tatum Phelps, “Social Community in Graphic Design”
- iii. Alpha Chi Convention Slide Show Presentation: Charlotte Wright & McKenna Clouse, “Behind the Scenes, Influencer Style”
- iv. Alpha Chi Convention Slide Show Presentation: Alisha Schaeffer, “Eye Movement Desensitization and Reprocessing Therapy and Post-traumatic

Stress Disorder: Reducing Symptoms of Post-Traumatic Stress Disorder in Adults”

- v. Alpha Chi Convention Slide Show Presentation: Hannah Myer, “Prison Family” (Original Fiction)
- vi. Alpha Chi Convention Slide Show Presentation: Tori-Ann Francis, “Comparison of Potential Income Streams for Multifamily Properties”
- vii. Alpha Chi Convention Slide Show Presentation: Murad Hazhibayev, “Effective Language Acquisition Techniques: How the Duolingo App Uses Them to Educate 500M Global Users”

IV. Number of Nominees for National Alpha Chi Sponsorship

a. 2022-2023

- i. Nolan W. Reynolds, “Ripples from Walden: An Environmental History of Transcendentalism and its Lasting Impact on American Consciousness,” Gaston & Nolle Scholarship

b. 2021-2022

- i. Autumn Paulson was nominated by the chapter for her paper on “The Lack of Financial Literacy in Primary and Secondary Education,” for the Gaston/Nolle Scholarship
- ii. Nick Farkas was nominated for the Sledge/Benedict Scholarship for his paper, “An Investigation of Lifestyle Factors of Retired Law Enforcement Officers.”

V. Number of Sponsor Delegates at Annual Convention

a. 2022-2023

- i. N/A

b. 2021-2022

- i. N/A

VI. Number of Student Delegates at National Convention

a. 2022-2023

- i. (8) – Autumn Paulson, McKenna Clouse, Charlotte Wright, Tori-Ann Francis, Alisha Schaeffer, Hannah Myer, Murad Hazhibayev, Tatum Phelps.

b. 2021-2022

- i. (7) – Autumn Paulson, McKenna Clouse, Charlotte Wright, Tori-Ann Francis, Rakshya Thapa, Nick Farkas, Murad Hazhibayev.

VII. Number of Star Chapter Awards Received

a. 2022-2023

- i. N/A

b. 2021-2022

- i. Received Star Chapter Award

VIII. Number of Articles Accepted for Publication in Alpha Chi’s Journal

a. 2022-2023

- i. *Aletheia*, Vol. 6, Issue 2, Madina Tuhbatullina, “Gertrude’s Motive and Hamlet’s Resentment.”

b. 2021-2022

- i. N/A

IX. Number of Nominees for Honorary Membership

- a. 2022-2023
 - i. N/A
 - b. 2021-2022
 - i. N/A
- X. **Social Media or Internet Projects that Promote Campus Awareness of Alpha Chi**
 - a. 2022-2023
 - i. N/A
 - b. 2021-2022
 - i. Alpha Chi's induction ceremony was published in the University's magazine to offer awareness to what the club is.
- XI. **Number of Times the Chapter or Chapter Member has Been Mentioned in Campus Print Media OR Online Campus Publication**
 - a. 2021-2022
 - i. All members in Alpha Chi were featured in the publication of the Dean's List for both semesters.
 - ii. Murad Hazhibayev was quoted in the article "Trendy, healthy eating habits for busy college students a brief guide you never knew you needed" which is published in the school newspaper, The Torch.
 - iii. Charlotte Wright's article "Do I Have to Clean My Room?" was published in The Torch.
 - iv. Murad Hazhibayev wrote an article featuring Waldorf University's Music Program which was featured in The Torch.
 - v. Murad Hazhibayev is quoted on the front page of the Fall 2022 Student Magazine.
 - vi. Charlotte Wright's article "A Day in the Life of an Athletic Trainer" was published in The Torch.
 - vii. Murad Hazhibayev's article "First-timers Perspective on COMM Bowling '22" was published in The Torch
 - viii. Tatum Phelps and McKenna Clouse were featured in the article, "First-timers Perspective on COMM Bowling '22"
 - ix. McKenzie Kidd was recognized in the NSAA conference as 2nd team all-conference.
 - x. McKenzie Kidd was recognized as a student athlete committee All-American.
 - b. 2022-2023
 - i. All members in Alpha Chi were featured in the publication of the Dean's List for the fall semester.
 - ii. Alana Wickering had an article on graduation published to the Universities news website.
 - iii. McKenna Clouse's article, "CSA: Waldorf's Lesser Known Club" was published to the Universities news website.
 - iv. Alana Wickering's article, "Record-Breaking Track Star Wade Baker Prepares for Track Season" was published to The Lobbyist.
 - v. Murad Hazhibayev's article "A Mental Health Reset" was published in The Torch.

- vi.** Tori-Ann Francis is featured in the article “A Mental Health Reset”
- vii.** Murad Hazhibayev’s article “What is Love?” was published in The Torch.
- viii.** Murad Hazhibayev’s article “WinterFest Revamped and More Fun Than Ever” was published in The Torch.
- ix.** Tori-Ann Francis was featured in the article, “WinterFest Revamped and More Fun Than Ever”
- x.** Murad Hazhibayev’s article “Alpha Chi Waldorf Students Join National Honor Society Ranks” was published in The Torch.
- xi.** Alpha Chi was featured in the Waldorf University’s magazine.
- xii.** Autumn Paulson was recognized for her speech at the 2021-2022 Induction Ceremony.
- xiii.** Autumn Paulson was featured and quoted in the article “Alpha Chi Waldorf Students Join National Honor Society Ranks”
- xiv.** McKenna Clouse was featured in the article “Spooktacular” for The Torch.
- xv.** Murad Hazhibayev’s article “Battle for the Cha Ching” was published in The Torch
- xvi.** Tori-Ann Francis and Rakshya Thapa were featured in the article “Battle for the Cha Ching”
- xvii.** Autumn Paulson was quoted in the article “His Art Rocks” in The Torch.
- xviii.** Murad Hazhibayev was quoted in the article “Campus Security Rep: How much fun is subjected to disciplinary action” which was published in The Torch.
- xix.** Alisha Schaeffer was recognized on Honors Day for her high academic achievement and commitment to Jesus Christ.
- xx.** Charlotte Wright was recognized on Honors Day by the Communications Department for her outstanding involvement.
- xxi.** McKenna Clouse was recognized on Honors Day for her outstanding desire to attend college.
- xxii.** Ethan Hexamer was recognized on Honors Day for having a GPA above a 3.25 and being committed to the Education Department.
- xxiii.** Audrey Skjeie was recognized on Honors Day by the Selmer and Lorena Family.
- xxiv.** Hannah Meyer was recognized on Honors Day for being a well-rounded student with high moral character and academic achievement.
- xxv.** Roberto Morales was recognized on Honors Day for exhibiting a Christian character and leadership services to others.
- xxvi.** Zoe Czapiewski was recognized on Honors Day for being a high achieving student.
- xxvii.** Noah Ward was recognized on Honors Day for his Christian character.
- xxviii.** Elizabeth Garza was recognized on Honors Day for possessing high moral standards and a good character.
- xxix.** Tatum Phelps was recognized on Honors Day for possessing a love for the Music Department.
- xxx.** Cecelia Hemsworth was recognized on Honors Day for exhibiting enthusiasm and passion for teaching elementary students, a pleasing

personality and sense of humor, possesses strong academic and interpersonal skills, is caring and displays high values, in addition to demonstrates self-discipline and organizational skills.

- xxx. Tori-Ann Francis was recognized on Honors Day for her involvement in campus ministry.
- xxxii. McKenzie Kidd was recognized on Honors Day for demonstrating a strong Christian character.
- xxxiii. Katie Cooling was recognized on Honors Day for being an outstanding elementary education major.
- xxxiv. Katie Cooling was recognized on Honors Day for demonstrating a good possibility of success in their chosen field.
- xxxv. Tyler Clouse, Sandra Christian, Murad Hazhibayev, Nolan W. Reynolds, Rakshaya Thapa, and Autumn Paulson were recognized on Honors Day for obtaining above a 3.8 but were not eligible for further scholarship support.
- xxxvi. McKenzie Kidd was featured in two KZOW radio station interviews.
- xxxvii. McKenzie Kidd was featured in the torch magazine for her efforts as a team captain.
- xxxviii. McKenzie Kidd was recognized in the NSAA conference as 2nd team all-conference.
- xxxix. McKenzie Kidd was recognized as a student athlete committee All-American.

XII. Student Summary

a. 2022-2023

- i. Autumn Paulson spoke at the Alpha Chi Induction Ceremony

b. 2021-2022

- i. Autumn Paulson spoke at the Alpha Chi Induction Ceremony

XIII. Sponsor Summary

a. 2022-2023

- i. N/A

b. 2021-2022

- i. AX Faculty Co-Sponsor Dr. Jordana Hall served as a manuscript editor for an article accepted for publication in *Alethia*.